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Completed by the staff of Sunningdale School JW14



SUNNINGDALE SCHOOL

Home learning & Development Opportunities



Class: Pre-School & Early Years

Topic: Outside



Sunningdale School

Ideas for Home learning & Development Opportunities

The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development
- Social, Emotional and Mental Health

Bring the outdoors in:

Can you grow a cresshead?



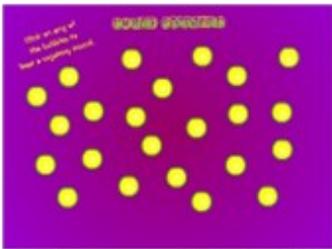
Look after your plants?



More ideas & activities...

PhonicsPlay.co.uk

Username: march20 Password: home



Sound starters - Click the bubbles to hear different sound effects.
Great for: Developing vocabulary for talking about sounds



An interactive animal sound matching game. Listen to the sound and match it to the picture
Great for: Listening and copying

Make some noise:

Get outdoors with pots, pans, sieves, tin cans, ladles and spoons and start your own band



Other Ideas...



Please also have a look at the following links on the school website that have a range of ideas for pupils including a .pdf version of our outdoor learning booklet.

<http://www.sunningdaleschool.com/blogs/onlinegames.htm>

<https://www.pinterest.co.uk/sunningdalescho/>

<http://www.sunningdaleschool.com/downloadable/smsc%20outdoor%20learning%20booklet%20jwaller.pdf>

<http://www.sunningdaleschool.com/blogs/pupilyoutube.htm>

A LITTLE BIT ABOUT PLAY...

Children discover and learn about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

Solitary Play

A child is in a room full of other children, but he or she is playing alone and not paying attention to

Spectator

Observe other children playing around him or her but will not play with them.

Associative Play

Children are playing the same game, but they are not working together or connecting with one another

Parallel Play

Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

Cooperative Play

Children are working together to play a game.



Sensory food Play
E.g. Jelly, Baked Beans, Flour, Vegetable
(Smelling, Touching & Tasting—if possible)



Water Beads

These are a lovely sensory experiences for your children to explore with both their hands and feet—if you can get hold of them.

**Education is not
the filling of a pail,
but the lighting
of a fire.**

- William Butler Yeats

Other ideas & activities...



Shaving Foam

Explore with different body parts, use different grips to fish for objects, collect a specific colour or shape, mark make using body parts or tools



Ice Cube Painting

Choose your favourite colours and get creative



Use Food Colouring to Dye Rice/Pasta for some sensory food Play

Colour matching, add to an empty bottle to make a rattle, how quickly can you fill a bowl with all the blue pasta, use penne (tubes) to make a necklace, copy a pattern



Developing & Growing

Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

Emotional Development

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.

Cognitive Development

Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.





topic

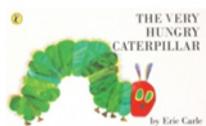
Outside

Communication & Interaction

- Share some 'Outdoor' related stories with your children.
- Sensory experiences and natural materials will help enhance some of the experiences in the story e.g. feeling the grass, touching mud, feeling the wind.



We're Going on a Bear Hunt.



The Very Hungry Caterpillar.



Walking Through the Jungle

- Can the children point to or name pictures in the story?

Outdoors



Understanding the World

Nature Collage Sticks.



Wrap some sticky tape around a stick—collect some natural materials from the garden, and stick them on you nature stick!

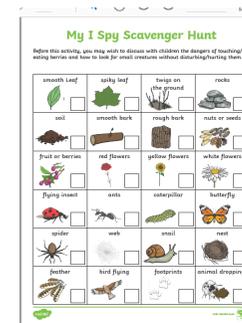
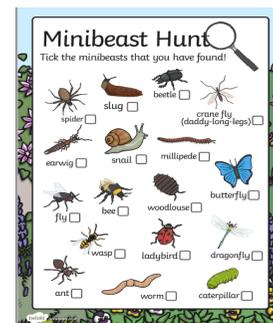


Sensory Bottles.

(See Activity Pack for Some Ideas)

Mini Beast and Garden Scavenger Hunt

(See Activity Pack)



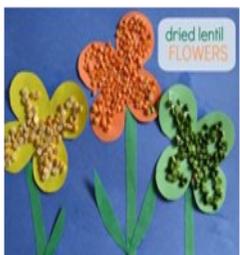
Explore your garden/outdoor area with your child. Help them to find, touch, feel and explore different sensory experiences e.g. Feel grass, mud, flowers etc, watch how a mini beasts move around etc



topic

Outdoors

Expressive Arts & Design



Nature Collage Pictures.

Use natural materials collected from the garden, to create a 'Nature Collage' pictures.



Handprint Flower Pictures.

You could also use bunched celery to make a flower head shape or fruit and veg to make paint stamp pictures



Mud Exploration/Making Marks on the Ground.

Paint a fence with water, jump in muddy puddles and make tracks, use a stick to mark make and get those gross motor skills working giving everything a good clean afterwards.

Outside



Cognition & Learning: Early Developmental skills

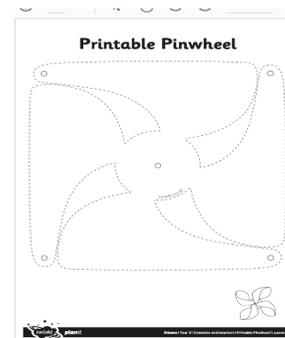
(See Activity Pack)

Windy Weather & Rainy Day Play Activities.

| Windy Weather | |
|---------------------|--|
| Suggested Resources | Activity |
| flags | Which way is the wind going? |
| streamers | |
| pin pom | |
| scarves | |
| shirts | Make shirts into a den, does it protect us from the wind? |
| ribbons | |
| windmills | Put some windmills in a row, measure wind on a windy day, count the turns. |
| balloons | |
| confetti | Throw confetti, which way does it go, what happens to it over time? |
| wind chimes | |
| foam fridges | |
| tees | |
| fabric ball | |
| parachute | |
| bubbles | Blow bubbles, which way do they go? |

| Rainy Day | |
|--------------------------------|----------------------------------|
| Suggested resources | Activity |
| crepe paper | |
| wells | water colour painting |
| paint | sit under and listen to the rain |
| trapezoids | |
| plastic containers | collect the rain |
| cooking oil and food colouring | add to puddles |
| washing-up liquid | add to puddles |
| ic-bands | |
| funnels | |
| foil containers | listen to the sound of rain |
| sip syringes | |
| sweeping brush | sweep puddles |
| bubble mixture | |
| drain pipes | make water ways |
| pipettes | |
| rain gauge | |
| chalks | draw around puddles |
| umbrellas | |

Wind Mills



Dirt Dough



topic

Outside

Physical Development



Exploring in The Garden.

- Be still- what can you hear, see, smell
- Look for bugs and mini beasts.
- Collect some natural materials to explore.

Move in different ways, rolling, stepping over, on/off, mini obstacle course



Making Dens.

- Create dens and bear caves (both indoors and in the garden) using whatever you have access too, sheets, blankets, etc.

Literacy

- Share some 'Outdoor' related stories with your children (Some examples are given on previous page.)
- Can you use objects to act out the story?



Five Senses Scavenger Hunt.

(See Activity Pack)

Exploring your home with your child. Help them to find, touch, feel and explore the different sensory objects on the sheet.

Outside



Social, Emotional & Mental Health

Sensory Tac Pac Type of Activities.

Many of you will be aware of 'Tac Pac' and may have seen it in some form as your child has accessed different services and sensory groups etc. We use it in Early Years to help build relationships with the children, develop communication techniques, eye contact and turn taking etc.

I am aware that many of you will not have access to the type of 'tac pac' activities we carry out with children in school—but you can still do sensory tac pac style activities, to your child's favourite music, using every objects you have access to in her home!

Just remember the same object each time for the same song!



Soft Feather



Empty



Textured



Wooden

Numeracy



- Leaf and flower threading activities.

Filling, Emptying and Transferring



Using anything you can find— water, mud, grass, flowers, pasta, flour etc.

