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Completed by the staff of Sunningdale School JW14



SUNNINGDALE SCHOOL

Home learning & Development Opportunities



Class:

Class 3

Topic:

Me, My Family and Friends



Sunningdale School

Ideas for Home learning & Development Opportunities

The following booklet has been created by staff at Sunningdale School to give parents, carers and families some support and guidance with activities and opportunities they might like to do with their children at home.

Where possible staff have linked these to 'subject specific' learning areas although many of them will be cross contextual and relevant to development in a number of areas. They are categorised under the areas of:

- Cognition and Learning
- Communication and Interaction
- Sensory and Physical Development
- Social, Emotional and Mental Health



NO COOK PLAY DOH

2 cups flour

2 Tbls. cream of tartar

1/2 cup salt

2 Tbls. vegetable oil

1 cup boiling water

Mix all ingredients in a large bowl. Add more water if needed.

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More ideas & activities...



Other Ideas...



Please also have a look at the following links on the school website that have a range of ideas for pupils including a .pdf version of our outdoor learning booklet.

<http://www.sunningdaleschool.com/blogs/onlinegames.htm>

<https://www.pinterest.co.uk/sunningdalescho/>

<http://www.sunningdaleschool.com/downloadable/smsc%20outdoor%20learning%20booklet%20jwaller.pdf>

<http://www.sunningdaleschool.com/blogs/pupilyoutube.htm>

A little bit

Children discover and learn about their world when they play. Play develops imagination and creativity and gives children practice in the social skills they need in the wider world. Children do not play for reward or because someone told to- They play because it is fun! By playing with one another, children learn social rules such as waiting, taking turns, cooperation and sharing things. Children usually go through stages of play as they grow. Children with SLD and PMLD will be unlikely to go through the stages of play at the ages defined by Child Development theories but they will still potentially go through them. It is therefore important to create opportunities for children with SLD and PMLD to experience each of the stages. JW.

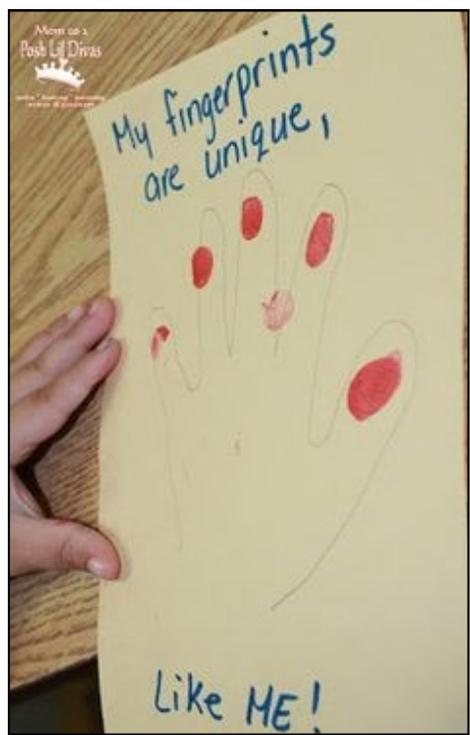
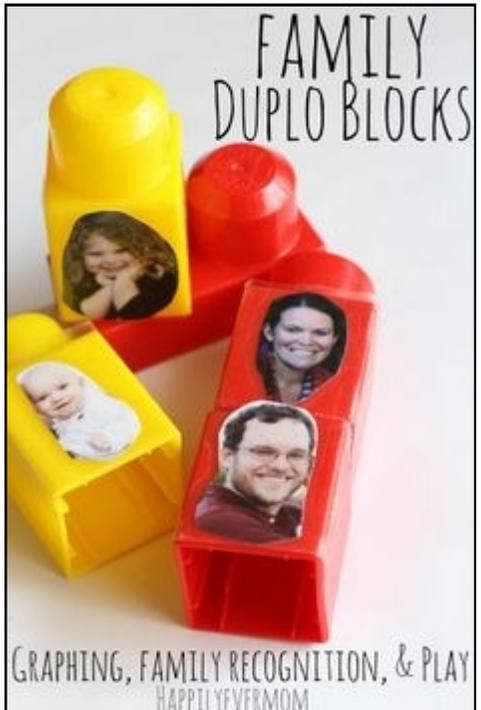
Solitary Play
A child is in a room full of other children, but he or she is playing alone and not paying attention to anyone.

Spectator
Observe other children playing around him or her but will not play with them.

Associative Play
Children are playing the same game, but they are not working together or connecting with one another

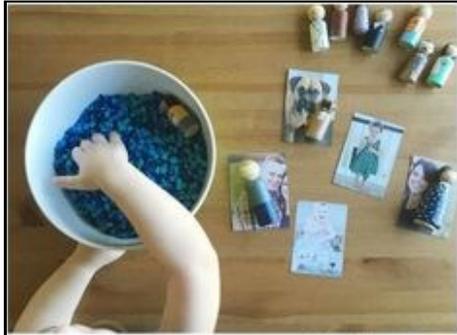
Parallel Play
Children are playing a game or activity. They are playing next to each other, but they are not talking or doing the same activity.

Cooperative Play
Children are working together to play a game.

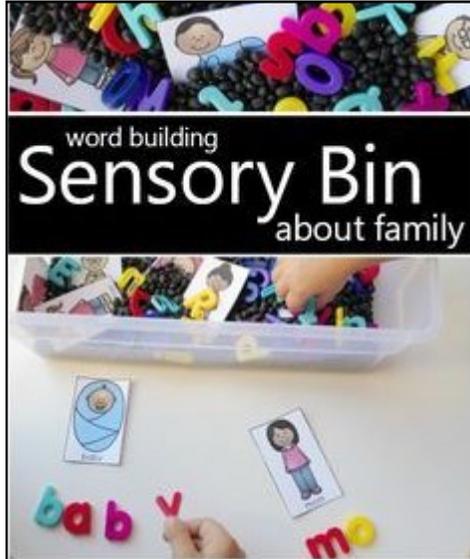


Education is not the filling of a pail, but the lighting of a fire.
- William Butler Yeats

Other ideas & activities...



FIND MY FAMILY
sensory bin



word building
Sensory Bin
about family



Developing & Growing

Language Development:

Outdoor play activities are very powerful tools for developing a child's language or communication. This will be integral to social relationships and communication will be required to develop and support these.

Physical Development

Many outdoor activities can directly or indirectly develop gross and fine motor skills. Physical activities will also develop confidence in a specific environment (e.g. Forest School or Wildlife area).

Social Development

Outdoor learning will help a child to develop social skills such as taking turns and sharing and they will become aware of the emotions of others and start to slowly be able to take those emotions into account.

Emotional Development

All types of Play are useful as a means for a child to express their feelings, both negative and positive... Outdoors children can be taught to care for living things and build confidence in a less structured and natural environment.

Cognitive Development

Through any type of play or activity, a child has opportunities to develop ideas. Through outdoor learning they are able to investigate unusual materials, attempting more unusual activities and use resources in different ways.





topic

Me, My Family and Friends

Communication & Interaction

Please choose activities appropriate for your child



Play together! Exploring activities together, reading together, singing together...

Can you use photographs to identify members of the family and important friends? Can you match photographs to symbols, initial letters or written names?



Encourage your child to use photographs to make choices. Can they point to a photograph of a family member they'd like to play with? Maybe they can choose a friend or family member not in the house to communicate with by video call.

Can you talk about family members together?

Use the "My Family" symbols on the school website to support communication.

Ask your child who?, what? and why? questions.

Encourage your child to ask questions too.

Can they ask for help? Don't be too keen to do everything for your child. Encourage them to let you know when they need help.

Summer Term 1



Social, Emotional & Mental Health

Please choose activities appropriate for your child

Practice turn-taking with your family. Card Games and Board Games are a great way to do this. Can you wait for your turn? Can you anticipate who goes next?



It's important to continue to talk about how you're all feeling.

Use a feelings chart to support communication.



Understanding the World



Can you draw pictures of your friends and family? What features do we need to add to our drawings? Heads, Faces- eyes, nose, mouth, ears, Body, Arms and Legs. Can you add feet and hands? What about hair? What hairstyle should we draw?

Explore the history of your family by looking through family photograph albums. Can you recognise family members when they were younger? Talk about the ways we've changed as we grow older.





topic

Me, My Family and Friends

Physical Development

Please choose activities appropriate for your child



Play team games with the family. Pass the ball to each other by kicking, throwing or rolling.



Throw objects into nets and containers.



Race around an obstacle course in the garden. Practice climbing up and down stairs.

If possible, go for a family walk or a bike ride together.

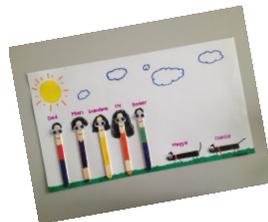
Expressive Arts & Design

Please choose activities appropriate for your child



Use paint to make a handprint family tree. Decorate it with family photos, symbols or write names.

Make a lollipop stick family to represent your own.



Cut and stick to make paper plate face masks of your family and friends.

Summer Term 1



Cognition & Learning: Early Developmental skills

Please choose activities appropriate for your child

Explore together using your senses. Encourage messy play with a variety of textures in order to promote fine and gross motor skills. You could link sensory experiences to family members, e.g. Grandad's shaving foam.



Make an "All About Me" sensory board, collecting favourite smells, textures, colours, sounds, etc.



You could add photos of family members with sensory cues particular to them, e.g. Mam's silk scarf or Dad's aftershave.

Use action rhymes such as Finger Family (Daddy finger, where are you...) to encourage anticipation and participation. For extra fun, why not draw faces on each other's fingers?



Explore taste while cooking favourite family recipes together. Create different textures by chopping, mashing and pureeing. Children who are reluctant to taste can explore with their hands to build their tolerance to foods.



topic

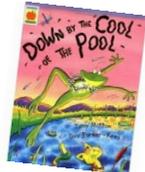
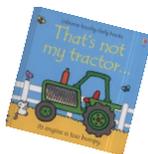
Me, My Family and Friends

Literacy

Please choose activities appropriate for your child



Read together - Choose favourite books. Talk about pictures in the book, Can you find the..., Can children join in with familiar phrases? Can they answer questions about the story?



Explore textures in sensory books.

Practice writing your own name and initial letter using the resource sheets which were sent home.



Can you find more fun ways to mark-make?
Jelly, Chocolate Spread, Cornflour...
The messier the better!



Go on a listening walk. What can you hear while you're walking around? Birds, cars, lawnmowers? Can you identify the sounds you hear? You could even play this game in your own house or garden.



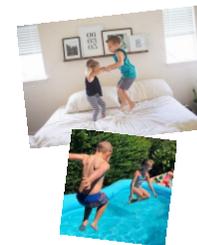
There's a ready made checklist on the school website, but it could be more fun to create your own.

Summer Term 1



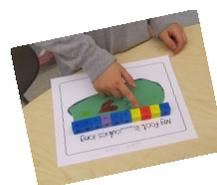
Numeracy

Sing number songs with the family, making sure to all role play a part to make it fun! You could be speckled frogs, jumping into water, monkeys jumping on the bed or all in the bed and the little one said...



Sorting games are great fun and can be incorporated into tidy up activities with your favourite toys. Can you put all of the cars back in the car box, etc.

Can you make a picture using shapes? You could make your house, yourself or one of your friends. Can you name the shapes you're using and count their sides and corners.



Make prints of your family's hands and feet using paint or draw around each other's bodies. Measure these using non-standard units, e.g. "My foot is 5 blocks long, Dad's foot is 11 blocks long". Can you say which is bigger and which is smaller? Can you order by size?