



Sunningdale School

Face to face attachment games

Eyes

- Mirror dancing
- Silly walks facing each other so come towards, walk away from whilst opposite
- Making models and drawings of eyes so need to look into yours to observe
- Copying vocals, loud, quite, soft, high, low etc
- Boom chicka boom
- Sharing doughnut, pineapple, dried apple slice off a finger
- Eye signals eg holding cushion/ balloon between you wink with left eye means take 2 steps left, wink 3 times means stand up, eyes down means sit down etc
- Tickling faces with a feather
- Feed each other
- Instruments eg drum to share opposite, pass tunes, rhythm
- Repeat poems together or songs
- Do head shoulders knees and toes on each other and changing body parts eg eyes, cheeks and nose
- Hand shakes to greet (lots good ideas on youtube) eg hi fivem knuckle press etc
- As above but travelling across a large space like a hall so skip towards each other then face to face greet eg bow, bottom bounce, shoulder rub
- Copy my funny face
- Clapping games eg a sailor went to sea sea sea
- Face painting each other

- Draw each other whilst maintaining eye contact
- Share smells
- Make this silly sound
- Breathing eg huff and puff games
- ...can also do with feathers or tissue paper
- Each start at one end of spaghetti, red liquorice etc
- Put stickers on each others faces
- Feel inside a mystery bag for textures
- Peek a boo
- Do the pretend to break an egg on each others head
- Add hair gel, mousse, cream etc to each other and style each others hair
- Play hip and a pip and a cherry on the tree no one can ...jump/ bow/ laugh as x as me
- Use a pen and follow instructions eg draw a red line from my nose to ear, a wavy line on my forehead
- Do the mm pick up with a straw and place in bowl in front of partner opposite
- Blow candy, cotton wool ball, tissue paper scrunch into their goal
- Put bean bag on childs head and open your hands out at chest level when adult blinks the child tips head to try to get the beanbag to fall into the goal of your hands
- Knock on the door (tap kids forehead) peep in (look into eyes) lift up the latch (push up nose) walk in – fingers in mouth or food
- Kisses – butterfly is eye lashes , nose Eskimo etc
- What happens when I push this button, pull this – make sound effects as touch each others faces

Hands and touch

- Hand rhymes such as this Tommy Thumb, round the garden
- Hand squeezes for names, words and syllables in a word
- Paint nails
- Draw jewellery onto each other
- 1,2,3,4, I declare a thumb war

- Draw image onto child's hand they guess what it is (have letters, numbers, symbols, objects etc for them to indicate and match to what they guess)
- 1 potato, 2 potatoes
- Tin foil hands
- Row row your boat
- Palm reading as look into their eyes

Feet

- Put soles together and do bicycle
- Clapping feet together rhythms
- Painting toe nails
- Massage
- Trying on each other's socks etc
- Dancing as they stand on your feet