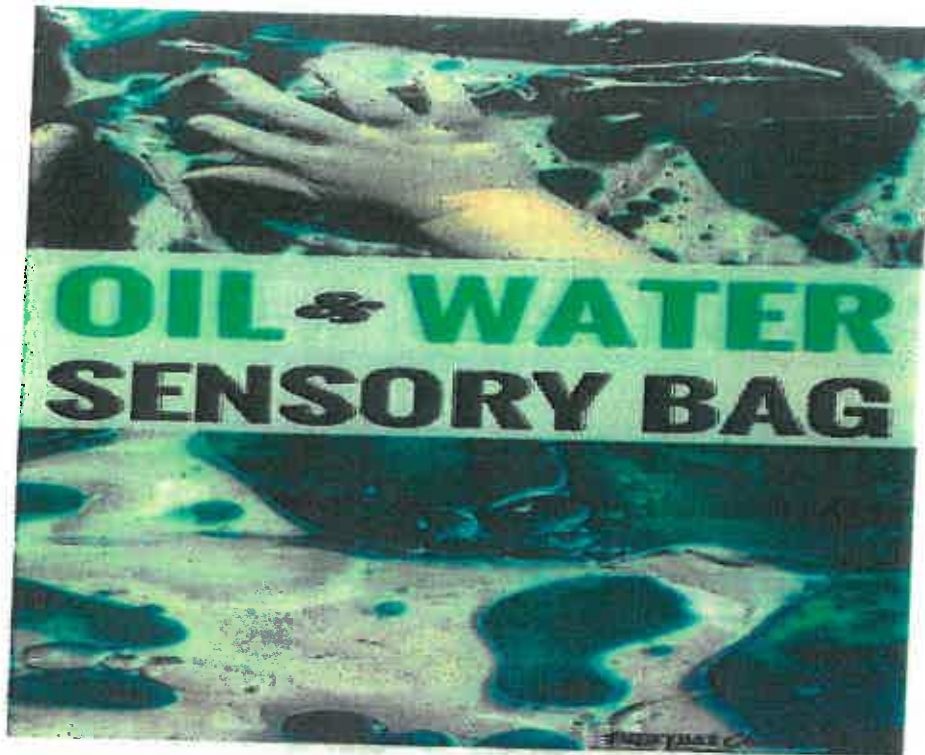


Sensory Ideas to Explore At Home

How to Make an Oil and Water Sensory Bag



To make this Oil and Water Sensory Bag, you will need:

1 sealable freezer bag

Baby oil

Water

Liquid food colouring

Duct tape

- Since this sensory bag is full of liquid, you really want to reduce the risk of bursting. Freezer bags can have weak corners and dripping can happen with the smallest of holes. So the first thing you want to do is tape up the 3 closed sides of your bag with tape.
- Place the tape on half of the bag and fold it over to the other side. I suggest doing the sides first and then the bottom.
- Once your tape is in place, it's time to put the bag together.
- Start with your baby oil. I don't measure, but I probably used about 1/4 of a cup of oil.
- Then drip in some of your food colouring.
- Then add some water. About 1/4 of a cup of water too.
- Seal the bag, pushing out most of the air. I do leave a small pocket of air in this sensory bag- but not enough that it could potentially pop.
- Tape up the open edge of the bag and it's ready to play



OCEAN SENSORY BAG

Sensory bags are great because they keep the mess contained. While we love our sensory bin, sometimes it just isn't practical to have coloured rice where my toddler can dump it on the floor.

And the gel in this sensory bag is really fun. What kid doesn't love something this squishy?

Here's what you need to make an Ocean Sensory Bag:

- Gallon-sized zip lock bag
- Hair gel
- Blue food colouring (optional)
- Glitter
- Sea animal toys
- Packing tape

Sensory Bags for Kids



Sparkle Squish Bag

- One large zip-seal bag
- Body Wash
- Confetti/or anything sparkly
- Packaging tape (strong tape)
- Optional- food colouring

Method

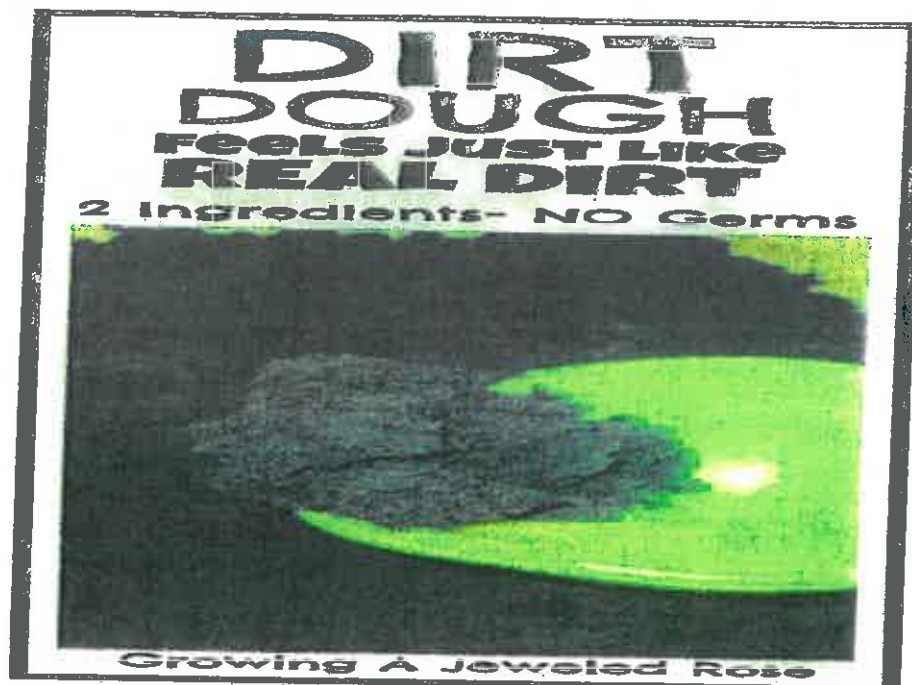
- Empty the body wash into the bag. Add the confetti and food colouring if extra colour is desired. Seal the bag, getting as much of the air out of it as you can. Secure the seal of the bag with packaging tape. Then, it's time to play

Mud Play



Flower Collage Pictures.





Dirt dough is pretty amazing stuff. It looks and feels just like dirt, but it is germ free and CLEAN! You only need two ingredients plus water to make it, too. If made using food colouring dirt dough is also edible; it is not meant for all out consumption, but if your child sneaks a taste no worries!

Dirt Dough Recipe

- **Baking soda**
- **Brown or Black liquid watercolours (or food colouring)**
- **Water**

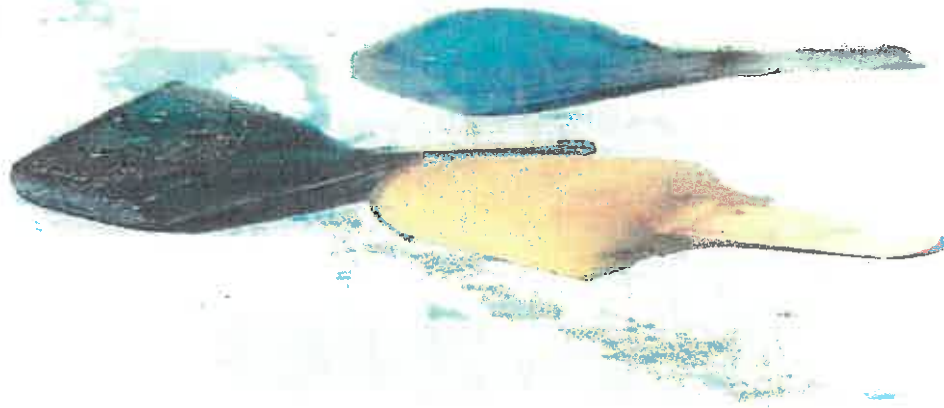
Add the desired amount of baking soda to a sensory bin or container. I usually use one large 16 oz box, and that makes enough dirt dough to cover the bottom of our sensory bin. Add several drops of black watercolours or food colouring, and then slowly add water and mix. Slowly add more water until the desired consistency is reached. If you accidentally add too much water just add more baking soda.

You can also use brown watercolours but black was what we had on hand, and it worked well. Add more colouring if needed. For this most recent batch I used one large box of baking soda and one whole container of black food colouring, and that gave me the perfect dirt dough.

Dirt dough feels very much like dirt, but it is mould-able.

CELEBRATE SUMMER

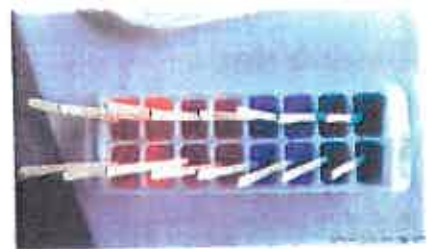
ice paints



- an ice tray
- 1 tablespoon flour
- food colouring
- Lolly sticks (or craft sticks)
- paper

Ice painting directions

- Fill your ice tray with water then empty the water into a bowl. This allows us to have the correct amount of water for our tray.
- Whisk the flour into the water so that the ice has a less watery consistency. Pour the flour water 4 blocks at a time into the ice tray then into another bowl.
- Do this 4 times into 4 bowls for 4 colours. Add your food colouring to these bowls. I have about 4 drops of colour in each bowl.



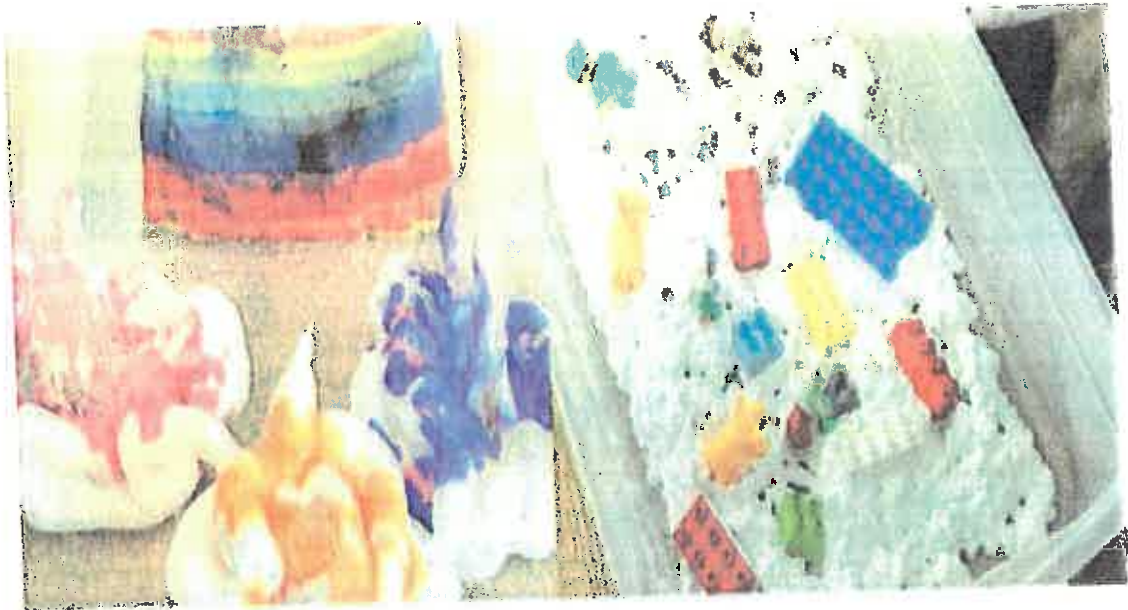
- Now pour the colour flour water into the ice mould so that you have 4 ice blocks of each colour.
- Put your Lolly pop sticks into the colour water. I first put the ice tray in the deep freeze before adding the sticks so that I could balance the popsicle sticks without having them go all over the place when I moved the tray.
- Depending on your freezer, I made these in the morning and they were ready by afternoon to play with.

TIPS:

- Twist the ice tray to loosen the ice blocks and make it easier to remove them for painting.
- Take the colour ice out of the freezer 5 minutes before the activity so that it can melt a bit before use.
- Use a tray for your paper to minimize mess.

Bear Hunt Sensory Story Activities.





the best
SHAVING CREAM SENSORY PLAY IDEAS



How to Make Puffy Paint



INGREDIENTS NEEDED

- Shaving Cream (we used the Wal-Mart brand)
- White School Glue (we used the Wal-Mart brand)
- Washable Paints
- Paper
- Paint Brushes (optional)
- Plastic Cups (optional)

HOW TO MAKE IT

- Pour an equivalent amount of white school glue on top of the shaving cream. You really can't mess this up so don't worry about an exact measurement - about 2-3 tablespoons of glue.
- Add a dollop of washable paint - but make it work for you - if you have food colouring, use that instead.



- Stir the mixture. I used a plastic straw to mix it all together. Add more paint if you want more colour intensity.



Clink Clank

Sensory Bottle

You will need:

Non-transparent plastic bottle with lid
(so that the sound is the main focus of the activity)

Lots of small metal items (screws, nuts, bolts etc.)

Strong glue

Tape (optional)

Method

1. Pour the metal items into the bottle. A nearly-full bottle will have more of a clinky metal sound.
2. Secure the lid with hot glue or superglue. You may also wish to tape around the lid for extra security.
3. As you shake and spin the bottle, listen to the metal clinking and clanking inside.





Ding Dong Singing Bottle

You will need:

Non-transparent plastic bottle with lid
(so that the sound is the main focus of the activity)

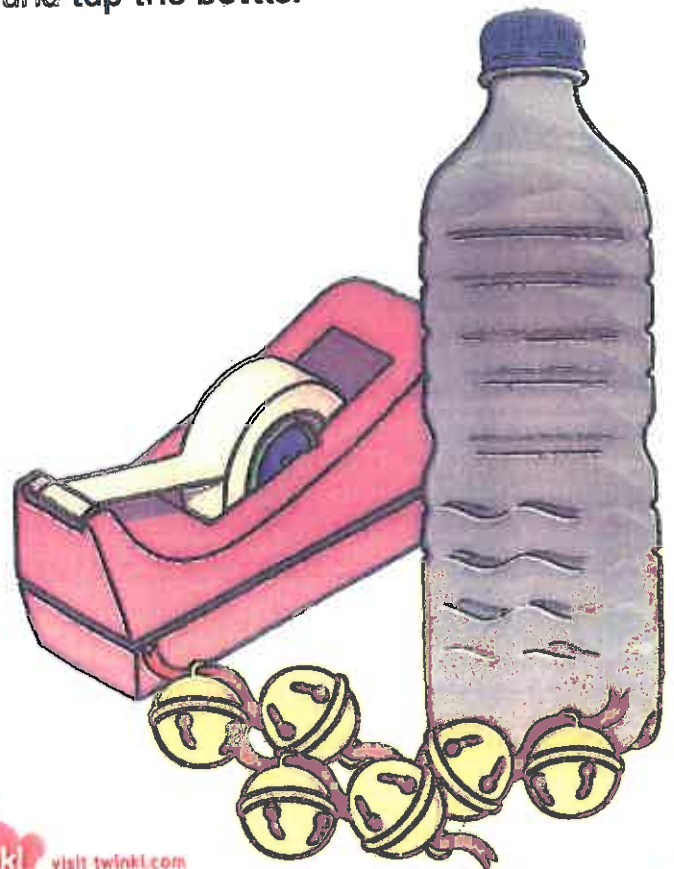
Several small metal bells

Strong glue

Tape (optional)

Method

1. Place the bells into the bottle.
2. Secure the lid with hot glue or superglue. You may also wish to tape around the lid for extra security.
3. Listen to the ding-a-ling of the bells and the different sounds they make as you shake, roll, spin and tap the bottle.





Rustle, Rustle

Sensory Bottle

You will need

Non-transparent plastic bottle with lid
(so that the sound is the main focus of the activity)

Small cup of dry sand

Strong glue

Tape (optional)

Method

1. Pour the sand into the bottle.
2. Secure the lid with hot glue or superglue. You may also wish to tape around the lid for extra security.
3. Shake and tap the bottle to hear the sand move around the bottle. What sound does it make?





Splashy

Sensory Bottle

You will need:

Non-transparent plastic bottle with lid
(so that the sound is the main focus of the activity)

Water

Strong glue

Tape (optional)

Method

1. Half fill the bottle with water.
2. Secure the lid with hot glue or superglue. You may also wish to tape around the lid for extra security.
3. Shake, spin and slide to hear the splashy sounds.





Thud Thud

Sensory Bottle

You will need:

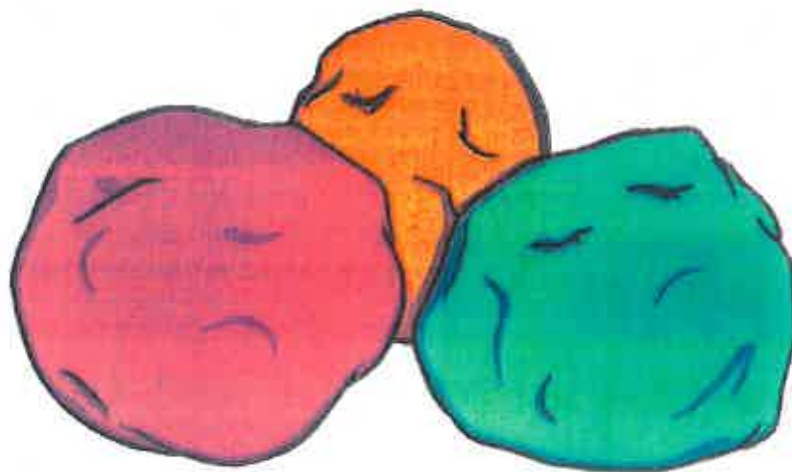
Non-transparent plastic bottle with lid
(so that the sound is the main focus of the activity)

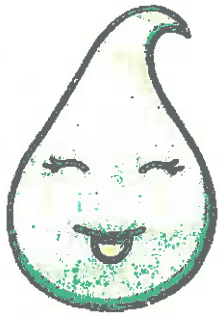
Large ball of playdough or modelling clay

Tape (optional)

Method

1. Poke the dough or clay into the bottle.
2. Secure the lid with hot glue or superglue. You may also wish to tape around the lid for extra security.
3. As you shake and spin the bottle, listen to the heavy thud, thud inside.





Rainy Day



Suggested resources

Activity




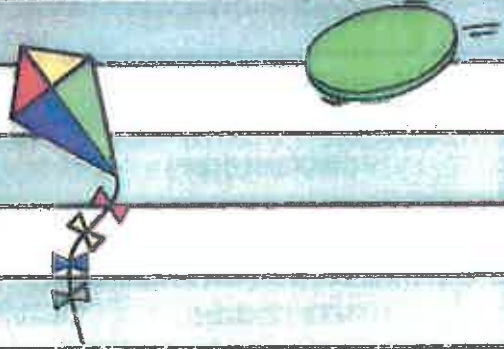



crepe paper	
wellies	
paint	water colour painting
tarpaulins	sit under and listen to the rain
plastic containers	collect the rain
cooking oil and food colouring	add to puddles
washing-up liquid	add to puddles
u-bends	
funnels	
foil containers	listen to the sound of rain
big syringes	
sweeping brush	sweep puddles
bubble mixture	
drain pipes	make water ways
pipettes	
rain gauge	
chalks	draw around puddles
umbrellas	



Windy Weather



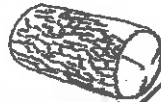
Suggested Resources	Activity
flags	Which way is the wind going?
streamers	
pom poms	
scarves	
sheets	
ribbons	Make sheets into a den, does it protect us from the wind?
windmills	
windmills	
balloons	Put some windmills in a row, measure wind on a windy day, count the turns.
confetti	
confetti	
wind chimes	Throw confetti, which way does it go, what happens to it over time?
foam frisbees	
kites	
fabric ball	
parachute	
bubbles	Blow bubbles, which way do they go?
	

My Five Senses Scavenger Hunt

Something smooth



Something rough



Something that makes a noise



Something round



Something yellow



Something that came from a plant



Something that has a smell



Something long



Something man-made



Something soft



Something you can eat





















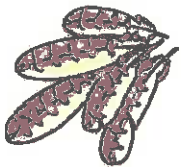





Something red



My 1 Spy Scavenger Hunt

Before this activity, you may wish to discuss with children the dangers of touching/eating berries and how to look for small creatures without disturbing/hurting them.

<p>smooth leaf</p>  <input type="checkbox"/>	<p>spiky leaf</p>  <input type="checkbox"/>	<p>twigs on the ground</p>  <input type="checkbox"/>	<p>rocks</p>  <input type="checkbox"/>
<p>soil</p>  <input type="checkbox"/>	<p>smooth bark</p>  <input type="checkbox"/>	<p>rough bark</p>  <input type="checkbox"/>	<p>nuts or seeds</p>  <input type="checkbox"/>
<p>fruit or berries</p>  <input type="checkbox"/>	<p>red flowers</p>  <input type="checkbox"/>	<p>yellow flowers</p>  <input type="checkbox"/>	<p>white flowers</p>  <input type="checkbox"/>
<p>flying insect</p>  <input type="checkbox"/>	<p>ants</p>  <input type="checkbox"/>	<p>caterpillar</p>  <input type="checkbox"/>	<p>butterfly</p>  <input type="checkbox"/>
<p>spider</p>  <input type="checkbox"/>	<p>web</p>  <input type="checkbox"/>	<p>snail</p>  <input type="checkbox"/>	<p>nest</p>  <input type="checkbox"/>
<p>feather</p>  <input type="checkbox"/>	<p>bird flying</p>  <input type="checkbox"/>	<p>footprints</p>  <input type="checkbox"/>	<p>animal droppings</p>  <input type="checkbox"/>

Minibeast Hunt

Tick the minibeasts that you have found!



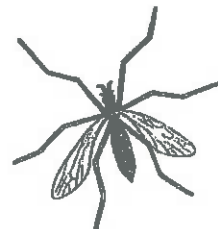
spider



slug



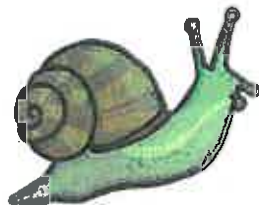
beetle



crane fly
(daddy-long-legs)



earwig



snail



millipede



fly



bee



woodlouse



butterfly



wasp



ladybird



dragonfly



ant

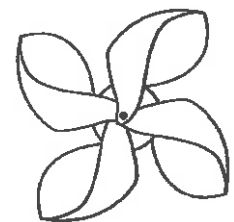
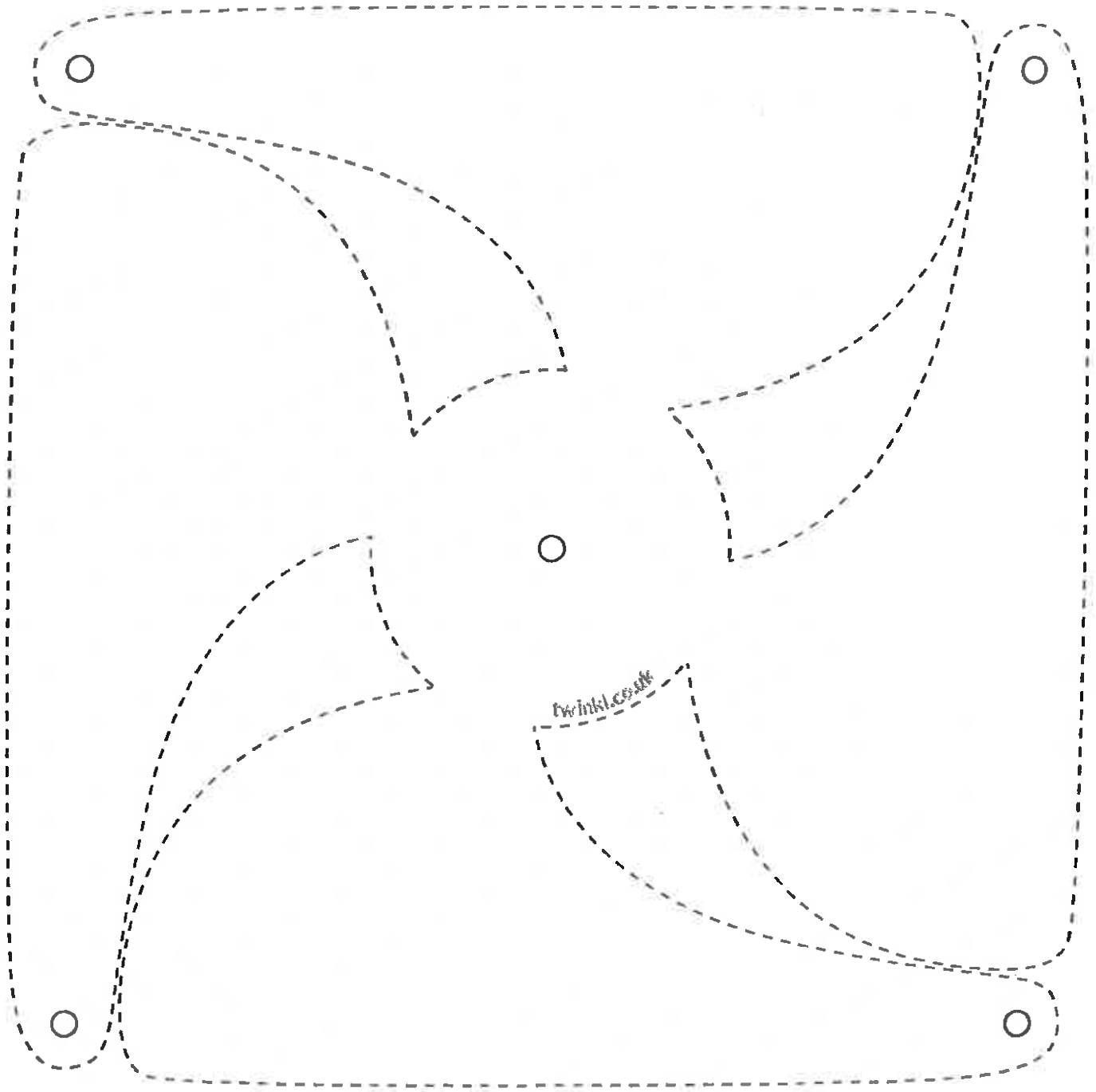


worm



caterpillar

Printable Pinwheel



Printable Pinwheel

You will need:

- Pinwheel template
- Scissors
- Colouring pens or pencils
- Drawing pin
- Wooden dowel (approximately 30cm long)
- Sticky tack

What to do:

- Colour in the pinwheel template on both sides.
- Cut out the pinwheel template along the dotted lines.
- Fold the small circles at the ends of the sails in to meet the small circle at the centre of the pinwheel.
- Carefully push the drawing pin through all the small circles at the centre.
- Place the dowel behind the pinwheel and push the drawing pin into the dowel to secure the pinwheel to its handle. Don't push the drawing pin in too tightly, or the pinwheel won't spin.
- Check the back of the dowel to ensure the sharp end of the drawing pin is not sticking out. Place some sticky tack over it if it is.

Now test your pinwheel outside on a windy day!

