

Cereals	<ul style="list-style-type: none"> <li>• Thread hoops onto string.</li> <li>• Place in tray with pots, spoons, bottles and so on.</li> <li>• Make gooey paste for mark making</li> </ul>
Couscous	<ul style="list-style-type: none"> <li>• Place in a tray with funnels, spoons, bottles and pots.</li> <li>• Pour into bottles to make a shaker and add glitter or sequins for added sparkle.</li> <li>• Add to paint to give a different texture.</li> </ul>
Clay	<ul style="list-style-type: none"> <li>• Make models of animals, pots, people and so on.</li> <li>• Create imprints from stones, sticks, leaves.</li> </ul>
Gloop made from cornflour, water & food colouring	<ul style="list-style-type: none"> <li>• Place in tray and encourage to push along with finger.</li> <li>• Encourage to squeeze in hand then open hand and watch the ball melt.</li> <li>• Make makes with fingers.</li> <li>• Use with spoons, pots, funnels &amp; bottles.</li> </ul>
Ice	<ul style="list-style-type: none"> <li>• Place ice cubes in tray to explore. Place items in cubes for children to melt and find the objects.</li> <li>• Fill a balloon with water &amp; freeze overnight. Place on tray and remove balloon. Allow children to feel balloon &amp; see how long it takes to melt.</li> <li>• Add food colouring to ice cubes and place in a tray or bowl. Watch what happens to the colours as the cubes melt.</li> </ul>
Jelly	<ul style="list-style-type: none"> <li>• Place in tray with spoons, bottles and pots.</li> <li>• Add animals for imaginative play</li> </ul>
Wet/dry sand	<ul style="list-style-type: none"> <li>• Place in tray &amp; add snakes, lizards and so on logs, stones to make a reptile habitat.</li> <li>• Spades, buckets and flags to make</li> </ul>

	<p>sand castles from wet sand.</p> <ul style="list-style-type: none"> <li>• Moulds, boxes, bottles, pots and sieve to pour dry sand.</li> <li>• Add numbers or letters to bury to have a letter/number hunt.</li> <li>• Add stones, logs, leaves &amp; toy dinosaurs to make a dinosaur land.</li> <li>• Add cars, trucks, diggers, dumpers to make a building site</li> </ul>
Soapy Sand	<ul style="list-style-type: none"> <li>• Place cover on table. Add sand, water and washing up liquid and mix together with hand. Watch as the colour of the sand change.</li> </ul>
Soil	<ul style="list-style-type: none"> <li>• Place in tray, add logs, leaves, twigs, stones. Place animals, insects or dinosaurs to make a habitat.</li> <li>• Add pots, spades, buckets, rakes for children to dig, fill and pour from pots.</li> <li>• Plants flower, herbs &amp; vegetable seeds and watch them grow.</li> </ul>
Mud	<ul style="list-style-type: none"> <li>• Old bowls, pots, spades, spoons, mud, water to make mud pies, soups and magic potions.</li> <li>• Place diggers, trucks, dumpers, tractors to make a building site or a farm.</li> </ul>
Spaghetti, noodles, cooked & uncooked pasta	<ul style="list-style-type: none"> <li>• Thread dried pasta onto string to make necklaces, worms or snakes.</li> <li>• Stick to card or paper plates to create collage.</li> <li>• Add pots, spoons, kitchen utensils for scooping, lifting and filling.</li> <li>• Add to bottles to make shakers.</li> <li>• Place a plant pot upside down and place straws into the holes. Ask child to thread cooked pasta onto the straw.</li> </ul>
Tomato sauce	<ul style="list-style-type: none"> <li>• Squeeze onto table and allow children to make marks with their hands.</li> </ul>

	<ul style="list-style-type: none"> <li>• Squeeze onto tray and encourage children to scrape an old comb through the sauce to make marks.</li> </ul>
Rice	<ul style="list-style-type: none"> <li>• Colour dry rice by mixing it in a bowl with food colouring. Place in tray with spoons, pots, bottles to fill and pour.</li> </ul>
Flour, salt or sugar	<ul style="list-style-type: none"> <li>• Add rolling pins, cutters, plastic knives to make cakes, biscuits and food.</li> <li>• Add twigs, stones and leaves to make models of people, monsters, insects or animals.</li> <li>• Roll into long shapes to make snakes and worms. Introduce rulers to measure how long they are.</li> <li>• Add glitter, ginger, curry powder to promote extra use of senses.</li> </ul>
Shaving foam	<ul style="list-style-type: none"> <li>• Make marks with fingers, combs or cars.</li> <li>• Add animals to play in pretend snow.</li> </ul>
Paint	<ul style="list-style-type: none"> <li>• Use fingers and hands to make prints.</li> <li>• Mix in sand, tea leaves and so on to change the texture.</li> <li>• Use cotton buds to dip in paint to encourage fine motor skill.</li> <li>• Place paper in bowl and cover marbles in paint. Roll marble in tray to make marks and patterns.</li> </ul>