

Week 1

Week 1 - week commencing:

- 21st Sept 20 • 12th Oct 20
- 2nd Nov 20 • 23rd Nov 20
- 14th Dec 20 • 4th Jan 21
- 25th Jan 21

Drinks - Milk, water and a selection of juice or milkshake available daily

Vegetables - A selection of vegetables and salad bar available daily

Bread - Freshly baked bread available each day

The following additional desserts are available daily:

Cheese & crackers, yoghurts, fresh fruit / fruit salad.

Meat Free Monday

* Margherita pizza served with herby diced potatoes

* Vegetable keema curry with rice

Sandwich selection (cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Fruity flapjack served **with** custard

Fun Food Tuesday

* Southern coated chicken served in a basket with **seasoned potato wedges**

Home made tomato soup served with a choice of cheese, tuna or egg mayonnaise sandwich

* Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw

Sticky toffee pudding with cream

Roast Dinner Wednesday

* Steak casserole served **in** a giant Yorkshire pudding with sweet potato mash

* Pasta bowl (tomato, tuna or macaroni cheese) accompanied by home made dough balls

Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Fresh Fruit Wednesday (a special range of fresh fruit)

Best of British Thursday

* Traditional corned beef pie served with steamed new potatoes

* Hearty vegetable hot pot with home made stottie wedge

Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw

Pineapple sponge served with custard

Fish Friday

* Bubble crisp **fish fillet served with chips**

* Vegetable chilli cheese filled burrito served with BBQ noodles

Sandwich selection (ham, cheese, tuna **or** egg mayonnaise) served in a **basket with salad accompaniments**

Butterscotch biscuit served with milk

Week 2

Week 2 - week commencing:

- 28th Sept 20 • 19th Oct 20
- 9th Nov 20 • 30th Nov 20
- 11th Jan 21 • 1st Feb 21

Drinks - Milk, water and a selection of juice or milkshake available daily

Vegetables - A selection of vegetables and salad bar available daily

Bread - Freshly baked bread available each day

The following additional desserts are available daily:

Cheese & crackers, yoghurts, fresh fruit / fruit salad.

Meat Free Monday

* Tomato and basil pasta served **with** herby garlic bread fingers

* Vegetable stir fry with sweet **chilli** noodles

Sandwich selection (cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Jam roly poly served with custard

Fun Food Tuesday

* Cheeseburger **in a bun** served in a basket with curly fries

* Quorn tex mex tacos with crispy tortilla chips

Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw

Strawberry **muffin** delight

Roast Dinner Wednesday

* Roast chicken or turkey served with gravy, yorkshire pudding and crispy roast potatoes

* Sweet potato, lentil & chickpea curry served **with rice** and naan bread

Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Fresh Fruit Wednesday (a special range of fresh **fruit**)

Best of British Thursday

* Mince & dumplings served with creamed potatoes

* Home made cheese quiche served with minted potatoes

Jacket potato filled with a choice of **baked** beans cheese or tuna served with salad & coleslaw

Chocolate surprise cake served **with** custard

Fish Friday

* Fish bites served **with chips**

* BBQ quorn fillet served with sunshine **rice**

Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a **basket with salad accompaniments**

Banoffee biscuit served with milk

Week 3

Week 3 - week commencing:

- 5th Oct 20 • 16th Nov 20
- 7th Dec 20 • 18th Jan 21
- 8th Feb 21

Drinks - Milk, water and a selection of juice or milkshake available daily

Vegetables - A selection of vegetables and salad bar available daily

Bread - Freshly baked bread available each day

The following additional desserts are available daily:

Cheese & crackers, yoghurts, fresh fruit / fruit salad.

Meat Free Monday

- ✦ Vegetable bolognese served with **herby** bread
- ✦ Cheese & red onion pizza swirls with spicy diced potatoes
- Jacket potato filled with a choice of **baked** beans cheese or tuna served with salad & coleslaw
- Fruity oat crumble with custard

Fun Food Tuesday

- ✦ Sunderland super sub soft baguette filled **with** marinara meatballs served in a basket with potato noisettes
- ✦ Cauliflower cheese nuggets served with tomato relish & mediterranean cous cous

Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments

Chocolate orange cake with ice cream

Roast Dinner Wednesday

- ✦ Roast beef or roast pork with gravy and crispy roast potatoes
- Hearty vegetable soup served with a choice of cheese, tuna or egg mayonnaise sandwich
- ✦ Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw
- Fresh Fruit Wednesday (a special range of fresh fruit)

Best of British Thursday

- ✦ Pork sausages with rich onion gravy and creamed potatoes
- ✦ Vegetable cottage pie and parsley new potatoes
- Sandwich selection (ham, cheese, tuna or egg mayonnaise) served in a basket with salad accompaniments
- Rice pudding with **rice** krispie finger

Fish Friday

- ✦ Salmon fillet with lemon wedge and chips
- ✦ Quorn Spanish rice served with vegetable **noodles**

Jacket potato filled with a choice of baked beans cheese or tuna served with salad & coleslaw

Cherry bakewell **biscuit** served with milk