



Healthy eating advice for parents/carers

Live Life Well

Making a difference together

Donna Green– Live Life Well Co-ordinator.

“New Year, New You!”

Do you want to change your diet?

Do you want to be a healthier version of yourself?

At parents request Donna will be returning to coffee morning for 8 sessions beginning on Friday 9th February at 10am.

Please let your child's teacher know if you plan to attend.