Sunningdale School



LEARNING FOR LIFE

Non-smoking Policy

Sunningdale School is a non smoking school

1 Introduction

1.1 At Sunningdale School we believe that smoking is harmful to health, and so do not allow smoking within the school building or school grounds. Consequently, the school is a non-smoking establishment.

2 Rationale

2.1 Research shows that almost a quarter of all young people are regular smokers by the age of 15. Almost all adult smokers took up the habit when they were children. About 450 children a day take up the habit. Smoking is regarded by the medical profession as the major cause of many illnesses. It is estimated that approximately 120,000 smokers a year die in the UK because of their smoking habit. Children can be harmed by passive smoking, i.e. by inhaling smoke from other people's cigarettes. It is known that smoking is harmful to the unborn babies of mothers who smoke.

3 Aims and objectives

3.1 We aim to:

• help children know and understand the dangers of smoking, and the harmful effects it can have on the body.

4 Organisation

- 4.1 We teach children about the dangers of smoking as part of their personal, social and health education (PSHE) programme. As well as teaching the children about the effects that smoking has on the body, we engage them in discussions about the reasons why people start to smoke. The children's class teacher leads all such discussions in a sensitive manner appropriate to the needs of the children.
- 4.2 The dangers of smoking sometimes arise in other discussions. When such an issue arises, the class teacher deals with it in context, and answers the children's questions to the best of his/her ability, taking care to explain that smoking is dangerous, and should be avoided.

5 Staff/Visitors

5.1 We do not allow smoking on the school premises, as we do not want to present smoking as acceptable. Nor do we wish to present adult smokers as role models. Because of this, we do not allow smoking even in the staff-room, and if any member of staff wishes to smoke, s/he must leave the school site. Should we find any member

- of staff smoking at school, we would consider this a serious breach of the terms of employment.
- 5.2 Any staff/visitors to Sunningdale who need to smoke are asked to leave the premises beyond the perimeter fence
- 6 Monitoring and review

Next Review date Spring 2014

6.1 It is the role of the Headteacher to ensure that this policy is fully implemented. The governors review this policy as part of their curriculum committee's monitoring of the effectiveness of the school's PSHE programme and is reviewed every year.

Policy agreed by:
<u>Headteacher</u>
Senior Teachers
<u>Governing Body</u>